

## Coronavirus Precautions and Guidelines for Our Patients

Dental Solutions of Northboro is actively assessing the Coronavirus situation and crafting a thoughtful plan to address potential consequences. Our goals are to protect the health and well-being of our staff, clinicians and patients while maintaining continuity of care for our patients.

### What we are doing:

- Continuing to follow updated disease transmission precautions outlined by the CDC. ([www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html](http://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html))
- Increasing environmental cleaning throughout our offices during the day and evening.
- Ensuring clinicians and staff are utilizing safe hygiene practices.
- Instructing staff and clinicians to self-quarantine if they have flu-like symptoms, have traveled to high risk areas as defined by the CDC or have had contact with anyone with COVID-19.
- Taking steps to decrease contact by having patients load their own credit cards into machines when necessary, recommending against hand shaking, etc.
- Removing magazines and toys from waiting room.

### What you can do:

- If you are unable to come to the office because you have flu-like symptoms, have traveled to high risk areas as defined by the CDC or have had contact with anyone with COVID-19, please contact our office to change your appointment.

Practice good hygiene as recommended and updated by the CDC ([www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html](http://www.cdc.gov/coronavirus/2019-ncov/about/prevention-treatment.html)), including:

- \*Cover your cough/sneeze with a tissue, then throw the tissue in the trash or cough into your elbow.
- \*Wash your hands with soap and water for 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing or sneezing.
- \*If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- \*Discontinue shaking hands.
- \*Only bring essential individuals to our office.

We will continue to provide updates as more information is available. Thanks for your commitment to helping us make our practice a safe place to receive the highest-quality dental health services.

Respectfully,

Jasna Kun, DMD  
President